

Williamsburg Learning Tree



Try Something New!

Fall/Winter 2017 Course Catalog

A non-profit continuing education program
for toddlers through seniors

Fun! Local! Sharing! Learning!

www.WilliamsburgLearningTree.org

757-220-9975



Health & Wellness



Qigong with David (#123)

The ancient Chinese practice of Qigong is a practice of flowing graceful exercises that is best described as poetry and meditation in motion. Qigong consists of simple standing exercises that enhance flexibility, muscle tone, and breathing, which together can produce a state of relaxation and sharpened awareness. The movements can easily be adapted for all ages and for physical challenges.

Instructor: **David Hamilton** discovered Qigong by accident 16 years ago. He has been practicing and studying Qigong ever since. He began teaching for the Williamsburg Learning Tree in 2014 and since then has taught 9 Qigong classes.

Sessions for this class: **6** – *You may sign up for individual sessions if need be*

Cost: **\$60.00 for all sessions; \$10.00 for an individual class**

Time: **All sessions are Wednesdays from 10:30 AM to 11:30 AM**

Dates: **September 27, October 4, October 11, October 18, October 25, November 1, 2017**



Medicare 101 (#56)

Medicare Basics for those of you who are new to Medicare, who are Caregivers, or you're just looking for a refresher on your benefits. We will review Medicare, Medicare Supplemental Plans (Medigap), Medicare Advantage plans, Medicare Part D plans, and using Medicare's Plan Finder.

You may choose to attend either the morning class at 10:00 AM at Parker View Apartments or the evening class at 6:00 PM at the Williamsburg Landing.

Instructors: **Ruth & Bill Sherman** are certified counselors with the Virginia Insurance & Counseling & Assistance Program (VICAP)

Cost: **\$15.00**

Sessions for this class: **1**

Date: **Monday October 23, 2017**

Time/Location:

MORNING CLASS – 10:00 AM – 12 noon, Parker View Apartments, 100 Parker View Court, Williamsburg, VA (on Ironbound Road across from New Town)

EVENING CLASS – 6:00 PM – 8:00 PM, Williamsburg Landing, 5700 Williamsburg Landing Drive, Williamsburg, VA



Dr. Mom's Essential Oils First Aid (#32)

First Responder! Learn natural suggestions for dealing with non-emergency situations that can be cared for at home using essential oils — colds, headaches, earaches, stomach aches, scrapes, insect bites, and other commonplace mishaps and ailments.

Instructor: **Susan Soderholm** has been a massage therapist and aromatherapist in Williamsburg for over 13 years. She is gifted and trained in many modalities to help you body find its pathway to health.

Sessions for this class: **1**

Cost: **\$35.00**

Date: **Thursday, September 28, 2017** Time: **6:30 p.m. – 9:00 p.m.**

Location: **Instructor's home.** Paid registrants will receive address and directions.



Essential Oil DIY (#127)

In this course, we will learn about essential oils and how you can use them in everyday life. We will make a linen spray, lotion and lip balm to take home and use. All products will be non-toxic, chemical free and safe to use on adults and children.

Instructor: **Emily Zeitler** is an essential oiler enthusiast/yoga instructor/stay at home mom. She has been using essential oils for 3 years and loves to study what they can do. She has seen many benefits in her own health and her family's since using them in place of chemical home products. She loves to teach others how easy it is to use them and incorporate them into daily life.

Cost: **\$20.00**

Location: **Williamsburg Unitarian Universalists campus, 3051 Ironbound Road, Williamsburg, VA**

Time: **3:00 PM – 4:00 PM** Date: **Saturday, September 30, 2017**



Freedom From Neck Pain, Back Pain & Arthritis (#58)

Back pain. Neck pain and headaches. Arthritis pain. Most of us will suffer from at least one of these, and many will turn to pills (with dangerous side effects) and even surgery. Discover evidence-based, drugless ways to manage and even overcome your pain, getting you back to doing the activities you love!

Dr. Daniel Shaye is a local chiropractor & VA Board qualified in acupuncture. A widely-published author, he loves teaching and lectures extensively. Find out more about Dr. Shaye at this website:

<http://www.performancechiropractic.com/andhttps://www.facebook.com/performancechiro/>

Sessions for this class: **1**

Cost: **\$15.00**

Date: **Thursday, October 19, 6:30 PM**

Location: **Offices of Performance Chiropractic, 1307 Jamestown Road, Suite 103, Williamsburg, VA**



Heal Yourself with Food – Learn About Naturopathy (#129)

This lecture course focuses on using food and herbs as medicine to heal disease, restore good health, and increase your energy levels. Learn about the natural, curative properties of the food items people eat every day. Used correctly and consistently, these natural methods of treatment can help you control disease and alleviate suffering – without pills or drugs and their negative side effects. During the four sessions of this class, you will gain a deeper understanding of...

- What foods really can do for us
- The right and wrong foods
- Curative diets for health problems that are common among Americans today
- Ways of preparing and eating foods to extract the maximum health benefits

*Instructor: **Madhur B. Hans** has a PhD in Microbiology. In addition to teaching Biology/Biotechnology to college students, she has spent her day-to-day life practicing Naturopathy and has never taken any pills or drugs. She also has watched her parents use this ancient knowledge of healing foods for eight decades of their lives.*

Sessions for this course: **4**

Cost: **\$200.00** (Note: The first 5 people to sign up for this class will receive a 50% discount! You must sign up by telephone for this discount!)

Times: **All sessions are Mondays from 6:00 PM – 7:00 PM**

Dates: **October 2, October 9, October 16, October 23, 2017**

Location: **Williamsburg Unitarian Universalists Campus, 3051 Ironbound Road, Williamsburg, VA**



Make & Take Essential Oil Blend Class (#70)

Come learn about essential oils and make your own roller blends for:

- soothing skin irritations
- supporting immune functions
- respiratory and digestive support
- promoting restful sleep
- and much, much more!

All materials are included.

Instructor: **Susan Soderholm** has been a massage therapist and aromatherapist for over 13 years. She is gifted and trained in many modalities to help you body find its pathway to health.

Sessions for this class: **1**

Cost: **\$55.00**

Date: **Thursday, October 12, 2017** Time: **6:30 PM – 9:00 PM**

Location: **Instructor’s home**. Paid registrants will receive address & directions.



Meeting the Challenges of Hearing Loss (#08)

When hearing loss affects your life and the lives of those around you, is there anything you can do? Yes, there is! In this class, you will learn ways to deal with these challenges – how the hearing system works, how to improve communication – so that you can enjoy once more the big and little things in life that you might be missing. Whether it is you or a loved one who is challenged by hearing loss, Dr. Clarke is ready to help you with advice tailored to your personal situation.

Instructor: **Christina C. Clarke, Ph.D.**, is a retired audiologist/speech-language pathologist. In addition to her wealth of experiential and clinical knowledge, she has personal knowledge of the impact of a hearing loss.

Date/Time: **Wednesday, October 18, 2017 1:30 p.m.—3:30 p.m.**

Cost: **\$20.00**

Location: **Williamsburg Unitarian Universalists Campus
3051 Ironbound Road, Williamsburg, VA**



Body-Mind-Soul: Discussion, Meditation and Movement (#122)

Each session of this course focuses on three areas for developing your personal abilities:

- Body – Simple Yoga movements tailored to your personal abilities to facilitate energy
- Mind – Meditative training to generate positive energy in your mind
- Soul – Discussions based on Karma philosophy to help you discover your true self, the seat of real peace and bliss. You will get a new perspective to understand your life situations and their purpose.

You will learn to apply the teachings of Yogic, a Hindu philosophy for developing powerful personal abilities. You will learn to transform your life by converting everyday stress into strength. You can accomplish more and experience more happiness and fulfillment in your life.

Instructor: **Madhur B. Hans** has a PhD in Microbiology and inherited a yogic way of life from her parents in India. In addition to teaching Biology/Biotechnology to college students for 20 years, she has found great fulfillment in sharing her own powerful experiences and learning with people of all age groups, from children through seniors, to transform their lives through the “Yogic Way of Living.”

Sessions for this course: **4**

Cost: **\$60.00** (You may sign up for individual sessions if necessary at \$16 per session)(Note: The first 5 people to sign up for all 4 sessions will receive a 50% discount! You must sign up by telephone for this discount!)

Times: **All sessions are Tuesdays from 6:00 PM – 7:30 PM**

Dates: **October 3, October 10, October 17, October 24, 2017**

Location: **Little Sanctuary, Williamsburg Unitarian Universalists Campus, 3051 Ironbound Road, Williamsburg, VA**



Chair Yoga (#126)

Chair Yoga is a gentle form of yoga that is practiced sitting on a chair, or standing using a chair for support. Chair Yoga provides a unique opportunity to find deeper well-being through exploration of gentle postures, breath work, meditation, and deep relaxation.

Instructor: **Emily Zeitler** has been practicing yoga for 9 years and teaching for 7 years. She has training in hot, gentle, restorative, yin, prenatal and chair yoga. She encourages her students to use yoga for relaxation as well as a way to connect the mind and body.

Sessions for this class: 2

Total cost: **\$32.00** (Note: You may enroll for one session at \$16.00)

Location: **Williamsburg Unitarian Universalists campus, 3051 Ironbound Road, Williamsburg, VA**

Times: **All classes are from 11:00 AM to 12:00 Noon**

Dates:

Friday, September 22

Friday, September 29



Yin Yoga (#120)

Yin Yoga is a stationary style of yoga in which the use of passive holds allows the body to relax. This style of yoga will offer you the opportunity to quiet the mind along with releasing tension in the body.

Instructor: **Emily Zeitler** has been practicing yoga for 9 years and teaching for 7 years. She has training in hot, gentle, restorative, yin, prenatal and chair yoga. She encourages her students to use yoga for relaxation as well as a way to connect the mind and body.

Sessions for this class: 2

Total cost: **\$32.00** (Note: You may enroll for one session at \$16.00)

Location: **Williamsburg Unitarian Universalists campus, 3051 Ironbound Road, Williamsburg, VA**

Times: **All classes are from 7:00 PM to 8:00 PM**

Dates:

Tuesday, September 19

Tuesday, September 26

Arts & Painting



Chinese Calligraphy (#119)

Chinese Calligraphy, the most revered of fine arts in China, is closely linked to Chinese culture, aesthetics, philosophy, and history. The class is designed to help students appreciate the unique beauty of this art form and learn how to write traditional Chinese characters with a bamboo brush. Students will understand the way calligraphy is integral to various aspects of Chinese culture, improving the students' cultural proficiency and writing. The course's main emphasis is individuality and creativity while practicing the age-old techniques.

Instructor: **Lianghao Liu** is a graduate student at Beijing Normal University, majoring in English Translation and Interpreting. Dedicated to promoting Chinese culture internationally, Lianghao has been trained extensively by Hanban in teaching Chinese language and traditional arts, such as Chinese calligraphy, paper-cutting, etc. Her special interest lies in Changquan, which is a form of traditional Chinese martial arts.

Sessions for this course: **8**

Cost: **\$80.00**

Times: **All classes are from 5:10 PM to 6:10 PM**

Location: **Rowe House, 314 Jamestown Road, College of William and Mary**

Dates:

Tuesday, October 24

Thursday, October 26

Tuesday, October 31

Thursday, November 2

Tuesday, November 7

Thursday, November 9

Tuesday, November 14

Thursday, November 16



Chinese Painting (#229)

Chinese painting is a delicate art form that emphasizes the beauty of simple, flowing brush strokes and graceful designs. It combines the arts of poetry, calligraphy, painting, and seal engraving. The class will provide students with fundamental knowledge of Chinese painting and expose them to a variety of traditional painting techniques, thereby reflecting time-honored principles of Chinese philosophy and culture.

Instructor: **Kaiyan Gao** is a graduate of Beijing Normal University with talents in both Chinese calligraphy and painting. She loves painting and has drawn pieces of works mounted on scrolls.

Sessions for this class: **8**

Cost: **\$80.00**

Time: **All classes are from 5:10 PM to 6:10 PM**

Location: **Confucius Institute, The College of William & Mary. Rowe House, 314 Jamestown Road, Williamsburg, VA**

Dates:

Monday, October 23

Wednesday, October 25

Monday, October 30

Wednesday, November 1

Monday, November 6

Wednesday, November 8

Monday, November 13

Wednesday, November 15



Early Childhood Art Studio (#125)

Looking for something **new and creative** to do with your little one? Come enjoy Early Childhood Art Studio for a weekly artistic experience with a variety of themes. Every month will be a different theme (such as *farm animals* or *ocean life*) while using a different art medium each week (such as clay, finger paint, or crayons). Supplies will be available for toddlers and their caretakers to make something together. Examples of project ideas will be provided each week, allowing students to either follow guidelines or just come for the experience. Toddlers can be between 1 year to 3 years old and up to 2 adults can accompany each child.

If you need to bring older children with you and your toddler, please note that there is an additional fee so that older children can have supplies to create or help.

Instructor: **Alison Pariso**, artist and mommy of a 1-year-old.

Fall Session (4 classes – you may register for fewer classes if necessary):

Monday, September 18, 2017

Monday, September 25, 2017

Monday, October 2, 2017

Monday, October 9, 2017

Time (all classes): **11:00 AM – 12 Noon**

Cost for Fall Session (4 classes) – **Toddler and caretaker: \$50.00 per session per toddler**

Children older than 3 years: **\$5.00 additional per child per class**

Individual classes – **Toddler and caretaker: \$15.00 per class**

Location: **Williamsburg Unitarian Universalists campus, 3051 Ironbound Road, Williamsburg, VA**



How to Downsize With Style (#82)

The art of interior design with your flair and Chris Chura's expertise – Stylish, Sophisticated, Livable. Are you thinking of moving to a active over-55 community or apartment? Or have you already made the move to a smaller space? Chris will share tips, hints and proven methods on how you can live with less and keep your unique style in your new home!

Instructor: **Chris Chura** is a Masters graduate from The George Washington University in Interior Design. She is a member of the Interior Design Society and the owner of Chura Custom Interiors in Williamsburg, bringing stylish, sophisticated, livable interior designs to Williamsburg since 2000. See more about her and her expertise at www.ChuraDesigns.com.

Cost: **\$25**

Sessions for this class: **1**

Date/Time: **Wednesday, October 18, 2017, 6:30 PM – 8:00 PM**

Location: **Williamsburg Unitarian Universalists campus, 3051 Ironbound Road, Williamsburg, VA**

Lifestyles, Music & Fun



Adventures in Sailing (#01)

After 10 years, this three-day class has become a legacy of the Williamsburg Learning Tree. Get a rigorous, safety-first education without anxiety. Recommended for landlubbers, reluctant spouses, and prospective owners. Each day 4 hours of instruction on the water. Bring a bag lunch. Topics: power of trim, skill and seamanship, rules of the road, navigation basics.

Instructor: **Bill O'Donovan** is ASA certified & licensed as a US Coast Guard 50-ton Captain. He runs a charter sailing business on the York River.

This course meets three times this fall (and there's a rain date):

Sunday, October 15, 2017, 10:00 a.m. – 2:00 p.m.

Sunday, October 22, 2017, 10:00 a.m. – 2:00 p.m.

Sunday, October 29, 2017, 10:00 a.m. – 2:00 p.m.

Rain date if necessary: November 5, 2017, 10:00 a.m. – 2:00 p.m.

Total Cost: \$125.00 Location: York River Yacht Haven, Gloucester Point, VA



Beginner Mah Jongg (#53)

Mah Jongg is amazing! Not the little matching game you play on your phone, but the real thing that has fascinated people for centuries. Learning to play the complex game of Mah Jongg will give you hours of challenging fun.

This two-session class will teach you the basics of playing American Mah Jongg and how to navigate the official Mah Jongg card. Come with friends so you'll have people to play with once you learn the game. **PLEASE NOTE:** You must purchase an official National Mah Jongg League 2017 card before class! You can order it online at www.nationalmahjonggleague.org – the price is \$8.00 for regular print or \$9.00 for large print, or call the League at (212) 246-3052.

Suzanne Huddleston, Director of the Williamsburg Learning Tree, learned to play mah jongg through the program and is hooked on the game for life! She loves both playing and teaching this challenging and fun game.

Sessions for this class: **2**

Total Cost: **\$30**

Dates/Times:

Tuesday, October 10, 2017, 10:00 AM – 12 Noon

Tuesday, October 17, 2017, 10:00 AM – 12 Noon

Location: Jamestown Room at the Williamsburg Landing, 5700 Landing Drive, Williamsburg, VA



Blues Harmonica for All Skills (#54)

New or returning folks are welcome to share in the beautiful music from this surprisingly sophisticated musical instrument. In the Chicago/Memphis style, you will begin to sound like Little Walter or Paul Butterfield. You will need a basic harmonica in the key of "C". The best is Hohner Special 20 (it costs more but it's worth it).

Bob Albergotti has been making music in Williamsburg for over 40 years. He loves teaching other music lovers about the harmonica and has offered this course and others like it for many years.

Sessions for this course: **3**

Cost: **\$60.00**

Time: **All class sessions are from 7:00 PM to 8:00 PM**

Dates:

Wednesday, October 4, 2017

Wednesday, October 11, 2017

Wednesday, October 18, 2017

Location: Griffin-Yeates Learning Center, 1490 Government Road, Williamsburg, VA



Erhu Workshop Session 1 – September/October (#100) OR Session 2 – October/November (#200)

Introduced during the Tang Dynasty, the Erhu has played a central role in traditional Chinese music for over 2,000 years. This class is designed to teach students basic Erhu techniques and songs while exposing them to classic Erhu music.

Instructor: **Xiaolu Ma** is a volunteer teacher of William & Mary Confucius Institute, majoring in Musicology and specializing in teaching Chinese traditional musical instruments.

Sessions for this course: 8 (Choose either Session 1 or Session 2)

Total Cost: **\$80.00**

All Class Times: **5:10 p.m. – 6:10 p.m.**

Dates – SESSION 1:

Tuesday, September 19

Thursday, September 21

Tuesday, September 26

Thursday, September 28

Tuesday, October 3

Thursday, October 5

Tuesday, October 10

Thursday, October 12

Dates: - SESSION 2:

Tuesday, October 24

Thursday, October 26

Tuesday, October 31

Thursday, November 2

Tuesday, November 7

Thursday, November 9

Tuesday, November 14

Thursday, November 16

Location:

Rowe House, Confucius Institute

College of William & Mary

314 Jamestown Road

Williamsburg, VA



The Great American Songbook: Inside the Cabaret World (#128)

Explore the cabaret genre and its special characteristics — the intimate conversation and connection between the artist and his/her audience, selection of songs, the theatrical nature of the performance, and the unique contribution the singer brings to the materials. Listen to examples and discuss the different vocalists as they personally interpret the Great American Songbook. Recordings and videos of cabaret artists from the current nightclub scene will be played.

Instructor: **Susan James** is an experienced instructor who holds a B.A. in Music from Manhattanville College. She has taken Masters courses in camera and film production at the University of Southern California and holds a Teaching Certificate in Speech and Performing Arts. She has been an understudy on Broadway and a producer and director of musical reviews in the American Theatre Wing and the USO. She is the founder of Artists in Partnership, Inc., a cultural arts non-profit. To date, she has produced 15 cabaret festivals with top NYC club performers.

Cost: **\$40.00**

Location: **Williamsburg Unitarian Universalists campus, 3051 Ironbound Road, Williamsburg, VA**

Date: **Wednesday, October 11, 2017** Time: **1:00 PM – 3:00 PM**

Finances & Real Estate



Home Renovation Seminar – FREE!

Would you love to renovate or update your current home? Or would you love to buy a different home and renovate it so that it meets your special preferences? Do you think this is not something you can afford? Well, maybe you will want to think again.

Join us on Wednesday, October 4, 2017 at 6:00 PM for a **FREE** informative seminar from real estate and mortgage experts covering special loans for use with home renovations. This seminar will be of interest to homebuyers who...

- Want to perform renovations or updates but lack the required cash to fund the project
- Wish to roll home renovation costs into the same loan used for the purchase
- Need to modify a home so that it better accommodates their unique needs
- Are considering a property that requires extensive appraisal repairs
- Have found a property that is “nearly” perfect but would be *ideal* with a few changes

What’s more, current home owners who are considering a major renovation project can benefit from the same programs when they refinance their homes. If you or someone you know would benefit from a more thorough discussion of renovation loans, including how they work and their limitations, **please RSVP by calling 757-220-9975 (leave a message if I’m not in!) OR email me at:**

Suzanne@WilliamsburgLearningTree.org.

No obligation, not sales pitches, no pressure – just important information for those of you who are thinking about how nice it would be to renovate!

Date: **Wednesday, October 4, 2017** Time: **6:00 PM – 7:00 PM**

Location: Williamsburg Unitarian Universalists campus, 3051 Ironbound Road, Williamsburg, VA



Investing Straight Talk (#105)

There are 4 ways you can use money: 1) spend, 2) save, 3) donate, 4) invest. Investing is simply getting your money to work for you in order to preserve wealth, grow wealth, or provide income. Come learn the basics of stocks, bonds, and mutual funds. We will explain these concepts in “plain English” and show you how to use these investments with your specific goals and time frame in mind.

Alison Foley is a Financial Advisor with Davenport & Company. She helps individuals and small business owners create and execute financial plans tailored to their particular needs. When not at work, Alison is actively involved with the Junior League of Hampton Roads. She lives in Williamsburg with her husband, Jake, and their two children.

Sessions for this class: **1**

Cost: **\$15.00**

Date/Time: **Tuesday, October 10, 2017, 6:00 p.m. – 7:30 p.m.**

Location: **Offices of Davenport & Company
5400 Discovery Park Blvd., Suite 301
Williamsburg, VA**



Retirement: Making Your Money Last (#38)

What matters most to you? What type of lifestyle do you want in retirement? Once you have a picture of retirement, you need a strategy designed to help make it happen. I can help.

Join me for my presentation, **Retirement: Making Your Money Last**. During this event, we will discuss strategies designed to help you work toward fulfilling your retirement expectations, focusing on providing not only for your income needs, but also well into the future. We also will explore how to address such key concerns as inflation, health care expenses, market volatility, and ways to prepare in advance for things that may not go as expected.

Antonija Simpson is a Financial Advisor with Edward Jones. She and her husband, Bob, live in Williamsburg.

Sessions for this course: **1**

Cost: **\$15.00**

Date: **Thursday, October 17, 2017**

Time: **6:00 p.m. – 8:00 p.m.**

Location:

**Offices of Edward Jones
5388 Discovery Park Blvd., Suite 130B
Williamsburg, VA (New Town)**



Social Security: Your Questions Answered (#37)

Social Security will likely be the foundation of your retirement income. That's why it is so important to understand your options and the effect your decisions have on your retirement before you retire. Please join me for my presentation – **Social Security: Your Questions Answered**.

- During this seminar, we will examine...
- How Social Security fits into your retirement income plan
- When you should start taking benefits
- How taxes may affect your benefits.

Antonija Simpson is a Financial Advisor with Edward Jones. She and her husband, Bob, live in Williamsburg.

Sessions for this class: **1**

Cost: **\$15.00**

Date/Time: **Thursday, October 12, 6:00 p.m. – 8:00 p.m.**

Location: **Offices of Edward Jones,
5388 Discovery Park Blvd., Suite 130B,
Williamsburg, VA (New Town)**

Self-Improvement, Languages & Learning



Chinese Level 1 (#12)

This course focuses on daily conversational Chinese and emphasizes listening and speaking proficiency. Students will become familiar with the basic phonetic system & grammar of the language and will practice conversational Chinese in seven topics.

Instructor: **Biyun Qi** is a volunteer teacher of William & Mary Confucius Institute, majoring in Teaching Chinese to Speakers of Other Languages.

Sessions for this class: **8**

Cost: **\$80.00**

Time: **All classes are from 5:10 PM to 6:10 PM**

Location: **Confucius Institute, The College of William & Mary. Rowe House, 314 Jamestown Road, Williamsburg, VA**

Dates:

Tuesday, September 19

Thursday, September 21

Tuesday, September 26

Thursday, September 28

Tuesday, October 3

Thursday, October 5

Tuesday, October 10

Thursday, October 12



Personality Types and Religions of the World (#129)

How do personality preferences affect how people engage in the practice of Christianity? Of Hinduism? Of the Islam religion? In this course we will integrate the Myers-Briggs model of personality preferences with various world religious and spiritual understandings and practices. By looking at religious and spiritual practices in this manner, the student will come to appreciate our differences in perspective and practices with greater understanding and insight.

Come prepared for a better class experience – bring something for taking notes (free Wi-Fi is available), but even more important, before class, take your own Myers-Briggs personality test at this website:

<https://www.16personalities.com/enfj-personality>. It's fast, it's free, no registration, no email sign-up – just a way to understand more about yourself. You do not need to reveal your results in class unless you wish to do so.

Instructor: **Chuck McHose** holds a Masters in Divinity. Before recently retiring, he was in a local church ministry for 42 years. He has been an Adjunct Faculty member at Radford University and New River Community College. Chuck also is a former tennis instructor for Williamsburg Parks and Rec. He lives in Norge, Virginia with his wife, Pam, of 44 years and 2 dogs and 1 cat.

Sessions for this class: **2**

Cost: **\$35.00**

Dates/Time:

Sunday, October 29, 3:00 PM – 5:00 PM

Sunday, November 5, 3:00 PM – 5:00 PM



Walking Into Today's China (#15)

This course provides a panoramic view of a today's China, including pop culture, consumerism, social media, dating culture, recreation, etc. Through our learning and discussion, students will gain up-to-date knowledge about life in a modern and booming China.

Instructor: **Lianghao Liu** is a graduate student at Beijing Normal University, majoring in English Translation and Interpreting. Dedicated to promoting Chinese culture internationally, Lianghao has been trained extensively by Hanban in teaching Chinese language and traditional arts, such as Chinese calligraphy, paper-cutting, etc. Her special interest lies in Changquan, which is a form of traditional Chinese martial arts.

Cost: **\$60.00**

Sessions for this class: **6**

Times: **All classes are from 5:10 PM to 6:10 PM**

Location: **Confucius Institute, The College of William & Mary. Rowe House, 314 Jamestown Road, Williamsburg, VA**

Dates:

Tuesday, September 19

Thursday, September 21

Tuesday, September 26

Thursday, September 28

Tuesday, October 3

Thursday, October 5



STUDENT REGISTRATION MAIL-IN FORM

Register online at www.WilliamsburgLearningTree.org and pay through PayPal (You don't need a PayPal account)

OR ...

Call us at 757-220-9975. We can take your payment by telephone

OR...

**Fill out this form and mail with your check to
Williamsburg Learning Tree
3051 Ironbound Road
Williamsburg, VA 23185**

Name

Street Address

City, State, ZIP Code

Daytime Telephone #

Phone numbers are required in case of emergency class cancellation, location change, etc. You will not be contacted by phone for sales or marketing purposes. Thank you.

Evening Telephone #

Email Address

Course Title	Course Number	Fee
1	<hr/>	<hr/>
2	<hr/>	<hr/>
3	<hr/>	<hr/>
4	<hr/>	<hr/>
TOTAL PAID \$		

Refund Policy: You will receive a full refund if a class is cancelled by the Williamsburg Learning Tree. If you cannot attend a class, you may contact the Williamsburg Learning Tree seven (7) days prior to a class and receive a full refund. If you learn that you cannot attend a class within six (6) days prior to a class, you may contact the Williamsburg Learning Tree and request a partial refund.

We are inviting YOU to become an instructor

Who We Are: Since 2002, the Williamsburg Learning Tree has been providing continuing education opportunities. This non-profit program is sponsored by the Williamsburg Unitarian Universalists as one way to give back to the community in which we all live, and it is not faith-based or religious in nature.

Our Invitation to You: We are always anxious to expand our program offerings with new teachers, new ideas and new courses. We would like to invite you to join our faculty. You decide what content should be covered and how you would like to present it to participants.

Who are Williamsburg Learning Tree Instructors? They are small business owners, doctors, retirees, moms and dads, neighbors – anyone with knowledge, expertise, or passion for a subject or concept that they would like to share for a few hours with interested participants. Very few of our instructors have actual teaching experience, but they do have enthusiasm for their topic.

What Kinds of Classes are Offered? Take a look at the catalog to see the wide variety of classes we offer. Class topics might include sailing instruction, drug-free pain management, artistic projects, game strategy – the list goes on and on.

We Do the Marketing and Advertising! At our own expense, we advertise the program in local media and utilize any number of marketing opportunities to generate participants for our classes. There are absolutely no out-of-pocket marketing expenses for you. You are welcome to participate if you wish – advertise your own class, pass out flyers that we provide, etc. – but your participation is not required.

Who Collects Tuition and Materials Fees? We do! We work with you to determine the appropriate tuition levels and materials fees (if needed), and we collect all funds. Please note that since participants are charged a tuition fee and materials fees are collected by us in advance, it is a strict policy that participants cannot be asked to pay any other fees or purchase anything before, during or after class; nor are instructors to contact participants after a class for any sales or marketing purposes unless specifically requested to do so by a participant.

Do Instructors Get Paid? Yes! Typically, our instructors are paid 25% of the tuition collected for their class unless otherwise specified and approved by us. Materials fees for your class, if any, are collected by us and passed directly to you. Instructors who do not wish to be paid can consider their fee to be a charitable contribution.

Where Are Classes Held? Some instructors want to hold classes in their own homes or places of business while others use venues that we provide, such as conference rooms, retirement centers, public libraries, or church facilities. We'll work together on this.

When Are Classes Held? You determine the days and times that are best for you and your target audience. You also decide how many sessions are required to present your subject or concept. Sessions generally are 2-3 hours each. Some topics require just one session while others require more.

What To Do Now: Go online for a Class Proposal form and Teaching Agreement for you to fill out and return. Make as many copies as you wish, or email me for fillable forms. Give me a call (757-220-9975) or send an email if you have any questions.

Suzanne Huddleston, Director
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